

# STEPPING NOTES

presents

***“Teaching music through the body and the voice”***

A COURSE FOR TEACHERS OF PRE-SCHOOL & INFANT CHILDREN

Wednesday, 10<sup>th</sup> February, 2016

and

Wednesday, 24<sup>th</sup> February, 2016

1.45 p.m. – 5.00 p.m.

(Attendance for the whole of *both* sessions is essential.)

**Honeysuckle Hall, Bracknell Open Learning Centre, Rectory Lane,  
Bracknell, Berks. RG12 7GR**



*"I have **no hesitation** in recommending [Nikhil's] workshops and training sessions to anyone that wants to learn how to teach music to young children."*

- Len Tyler, Principal, Len Tyler Music School, Hampshire

**Stepping Notes** is a holistic, integrated, multi-sensory approach to music education, based upon the philosophies of Kodály and Jaques-Dalcroze. The hallmarks of the Stepping Notes approach are:

- (1) **Movement** and **singing** as the prime conduits for musical learning.
- (2) Developing the **inner ear**.
- (3) **Feeling** and **understanding** the inner life of music.
- (4) Maintaining natural body **flexibility** and **sensitivity**.
- (5) The judicious and sensitive use of **high-quality musical instruments**.
- (6) The world of the **imagination**; this is where young children live.

*"an excellent trainer of adults"*

- Julie Church, Pre-School Music Association, Norfolk

**This course** is designed to help those who teach children aged 2 to 7 to develop their students' musicianship through the voice, and through natural body movement. We will concentrate on the following areas:

- (1) using the body and the voice to help children to feel and understand rhythm, melody and harmony;
- (2) teaching musical literacy using singing and movement;
- (3) choosing and using children's instruments in such a way as to preserve and enhance their co-ordination and sense of rhythm.

In this course, a large number of wonderful songs and activities will be learnt. Multi-sensory teaching aids will be used. Many beautiful instruments will be played. Information will be provided about sources of further training, books, materials, teaching aids & instruments. *Please come willing to remove your shoes and socks and work barefoot, on the floor, to sing, to play and to move.*

***Course fee: £70.00***  
***(to cover both afternoons)***

***To register, please contact:***

**Sue Shields**

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**Nikhil Dally** received first-class honours in music from Cambridge University, and studied composition at the Guildhall School of Music. Nikhil founded the **Stepping Notes Music School** in 2000. He designed the Stepping Notes curriculum himself and teaches all classes, for children aged 2 to 8. The school now has about 100 students on its roll, and recently won the award for Best Local Activity with *What's On 4 Little Ones*. Nikhil is increasingly in demand to lead workshops for teachers on the Stepping Notes approach. Recent engagements include a series of workshops at the Colourstrings International Summer School, a workshop for the Dalcroze Society Professional Development Day, a training session for teachers at the Len Tyler Music School, five previous INSET courses for Bracknell Forest primary school teachers, and a course for the Association of Early Childhood Educators of Singapore. Stepping Notes teachers' courses are regularly over-subscribed.

*"Prepared **meticulously** and delivered with **expertise and joy**.  
All material was very **relevant** and sequenced **imaginatively**.  
The day was **inspirational**, exceedingly **useful** & most **enjoyable**."*  
- Sue Hamilton, pre-school music teacher, Surrey

*For further information, please contact:*

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