

# STEPPING NOTES

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***“Teaching music through the body and the voice”***

A ONE-DAY COURSE FOR TEACHERS OF PRE-SCHOOL & INFANT CHILDREN

Monday, 15<sup>th</sup> February, 2010

10.00 a.m. – 5.00 p.m.

The Jurgens Centre, Englefield Green, Egham, Surrey TW20 0QR



*"I have **no hesitation** in recommending [Nikhil's] workshops and training sessions to anyone that wants to learn how to teach music to young children."*

- Len Tyler, Principal, Len Tyler Music School, Hampshire

**Stepping Notes** is a holistic, integrated, multi-sensory approach to music education, based upon the philosophies of Kodály and Jaques-Dalcroze. The hallmarks of the Stepping Notes approach are:

- (1) **Movement** and **singing** as the prime conduits for musical learning.
- (2) Developing the **inner ear**.
- (3) **Feeling** and **understanding** the inner life of music.
- (4) Maintaining natural body **flexibility** and **sensitivity**.
- (5) The judicious and sensitive use of **high-quality musical instruments**.
- (6) The world of the **imagination**; this is where young children live.

*"an **excellent** trainer of adults"*

- Julie Church, Pre-School Music Association, Norfolk

**This course** is designed to help those who teach children aged 2 to 7 to develop their students' musicianship through the voice, and through natural body movement. We will concentrate on the following areas:

- (1) using the body and the voice to help children to feel and understand rhythm, melody and harmony;
- (2) teaching musical literacy using singing and movement;
- (3) choosing and using children's instruments in such a way as to preserve and enhance their co-ordination and sense of rhythm.

In this course, a large number of wonderful songs and activities will be learnt. Multi-sensory teaching aids will be used. Many beautiful instruments will be played. Information will be provided about sources of further training, books, materials, teaching aids & instruments. *Please come willing to remove your shoes and socks and work barefoot, on the floor, to sing, to play and to move.*

**Course fee: £45.00** if application received by 1st Jan., 2010  
**£50.00** if application received by 31st Jan.  
**£55.00** thereafter  
(**£25.00 non-refundable deposit** required upon booking)

Nikhil Dally received first-class honours in music from Cambridge University, and studied composition at the Guildhall School of Music.

Nikhil founded the Stepping Notes Music School in 2000. He designed the Stepping Notes curriculum himself and teaches all classes, for children aged 2 to 8. The school now has about 100 students on its roll, and recently won the award for Best Local Activity 2008 with *What's On 4 Little Ones*.

Nikhil is increasingly in demand to lead workshops for teachers on the Stepping Notes approach. Recent engagements include a training session for Staines pre-school teachers, a series of workshops at the Colourstrings International Summer School 2007, a workshop for the Dalcroze Society Professional Development Day 2009, and a training session for the Len Tyler Music School.

*“Prepared **meticulously** and delivered with **expertise and joy**.  
All material was very **relevant** and sequenced **imaginatively**.  
The day was **inspirational, exceedingly useful & most enjoyable.**”*  
- Sue Hamilton, pre-school music teacher, Surrey

*For further information, please contact:*

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**[www.dally.org.uk/steppingnotes](http://www.dally.org.uk/steppingnotes)**

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Application Form

*(Please print, complete and post to Nikhil Dally at the address above.)*

*I would like to apply for a place on your course “Teaching music through the body and the voice” on 15<sup>th</sup> February, 2010. I enclose a cheque for £25.00 made payable to Nikhil Dally. **I understand and accept that this deposit is non-refundable.** I understand that the remainder of the fee will be payable at the beginning of the course. Please send me full details.*

*Signature:*

*Print name:*

*Home address:*

*Postcode:*

*Daytime phone:*

*Evening phone:*

*Personal e-mail address:*

*Brief summary of experience (if any) as a teacher or music teacher:*